

Resources for Developing Your Personal Spiritual Life

Books:

Life of the Beloved: Spiritual Living in a Secular World by Henri J. M. Nouwen
Yes, and...: Daily Meditations by Richard Rohr
Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead by Brené Brown
One Breath at a Time by J. Dana Trent
Soul Feast by Marjorie Thompson
In the Sanctuary of Women by Jan L. Richardson
Upper Room Daily Disciplines (Daily Devotional Readings based on the Revised Common Lectionary)
The Spirituality of Imperfection: Storytelling and the Search for Meaning by Ernest Kurtz and Katherine Ketcham
Meditations of the Heart by Howard Thurman
Rilke's Book of Hours: Love Poems to God by Anita Barrows
Listening to Your Life: Daily Meditations with Frederick Buechner by Frederick Buechner
An Altar in the World: A Geography of Faith by Barbara Brown Taylor
Holy Bible

Blogs, Email, and Podcasts:

Brene' Brown (<https://brenebrown.com/>) *Unlocking Us and Dare to Lead*
Center for Action and Contemplation (<https://cac.org/>)
Elise Loehnen (<https://www.eliseloehnen.com/>)
Brian D. McLaren (<https://brianmclaren.net/>)
Daily Meditations from Richard Rohr (<https://cac.org/daily-meditations/>)
Upper Room Sight Psalms (https://www.upperroom.org/sight_psalms)
Upper Room Daily Reflections (<https://upperroombooks.com/neweverymorning-subscribe/>)
Frederick Buechner Daily Quotes (<https://www.frederickbuechner.com/my-buechner/>)